



Match Times

Dec/Jan 2012



Big Brothers Big Sisters
of Northeastern Wisconsin

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Upcoming Match Activities

Holiday Craft Activity

Join us Monday, December 19, 2011, 6:30-7:30 pm at Big Brothers Big Sisters for a Holiday Craft and Card Making night. We will be making a Holiday ornament that can be used as a gift or to decorate your own tree! We will also be making a simple Holiday Card. If you have any extra card decorating supplies you would like to share, please feel free to bring it along. We only have room for eight matches, so please call to sign-up right away. This is a free match activity. Please call Reva at 498-2227 or email her at revas@bbbsnew.org if you have any additional questions.

Paul Mitchell

Paul Mitchell (the School) extends a special invitation to Youth in 5th – 9th grade (11 – 14 years) for a complimentary haircut and style on **January 17 at 5:00 p.m.** Youth will also learn the importance of personal care. Contact Traci at tracih@bbbsnew.org or 498-2227 to sign up. *Activity is limited to Mentors and Youth who **did not attend** the previous event in July.*

Mark Your Calendars!

Match activities are a great way to meet new people, experience new things and have fun!

The 2012 Match Activities Calendar has been determined. More details to follow.

January 17: Make-overs at Paul Mitchell the School
February: Curling
March: College Tour

Bowl for Kids' Sake

Big Brothers Big Sisters of Northeast Wisconsin's 34th Annual Bowl for Kids' Sake will "bowl you away!" Dust off your bowling ball and mark your calendar for the 2012 Bowl for Kids' Sake! This year you have a choice of days – **Friday, February 24 or Sunday, February 26** at Riviera Lanes. Humana's Company Bowl is Saturday, January 28 at Ashwaubenon Bowling Alley.

This year's theme is a Beach Party, so channel your inner beach bum. Come dressed in your best beach gear. Grab a pair of funky sunglasses, wrap on a hula skirt, or put on that fishing hat. Prizes for best costumes, so get creative! This year's Beach Party theme bowling event is sponsored by Green Bay Packaging, M&I Bank and Schneider National.

Join in on the fun! Matches and supporters should consider participating in this fun event. (This is the only time during the year we ask our mentors to support fundraising efforts.) You don't need to be a bowler. The 9-pin tap format will make everyone feel like a pro! As always, our youth are encouraged, but not required, to collect the minimum pledge of \$75.

Support received from Bowl for Kids' Sake directly impacts the lives of youth, providing 1-to-1 mentoring and staff time with a youth.

\$500 in pledges can fuel college aspirations of a youth and provides 60 hours annually of 1-to-1 mentoring.

\$250 in pledges can broaden a child's horizon and nearly 30 hours annually of 1-to-1 mentoring.

\$100 in pledges can start a lifelong friendship to another youth and provides 12 hours annually of 1-to-1 mentoring.

So get a team together (or we'll add you to a Big Brothers Big Sisters' team), collect pledges from co-workers, friends and family; and join us on the lanes to have some fun while raising money for a great cause.

Individuals and teams can register online at <http://bbbsnew.kintera.org/bowl>. Register now for the best choice of shift!



Riviera Lanes

Friday, February 24: 5:30 pm or 7:30 pm

Sunday, February 26: 11:00 am or 1:00 pm

Ashwaubenon Bowling Alley (Humana Associates Only)

Saturday, January 28: 1:00 pm or 3:00 pm

Letter from Executive Director

As you read this, you may already be aware this is my last article as I am resigning as Executive Director as of Dec. 31, 2011. Based on a measure of happiness, the past two years have been the best of my 20-year career. Despite this, when accepting this position in Sept. 2009, my commitment was to be in the position until the job I was requested to do was completed and I was called to do something else. If I were to put a timeframe on this, my "gut" was that this would be 3 – 5 years. As an individual of deep faith, I believe in my heart the time has come sooner than anticipated.

While our agency is not perfect and has areas for continued improvement, we are well positioned for a new Executive Director to sustain where we're at and continue to expand our efforts. This includes:

Programs: We will serve approximately 6% more youth this year vs. 2010; compared to a decline of 6% nationally (i.e. we are 12% ahead of the National average). Our Community-Based match length is 30+ months – 20% above the National average; and we will serve 20% more youth in our Site-Based program vs. an 11% decline Nationally (i.e. we are 31% above the National average). And our quality measures are virtually all above the National average with some being best practice across the U.S.

Events: Our three major events – Bowl for Kids' Sake, Golf for Kids' Sake, and Taste of the Town – all exceeded their 2011 goals and will continue to grow.

Volunteers: Nearly 30% fewer Community-Based matches closed this year vs. 2010; while we served more youth overall. This means we are gaining more volunteer mentors to serve the group of youth on our ready-to-be-matched list.

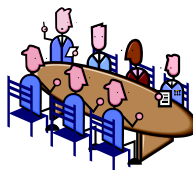
Employees: Our team is full of leaders with unique gifts poised to continue to excel. The sustained success of our agency is in their hands and is limitless.

Financials: Our financial health is the strongest it's been in 10 years – thanks to our wonderful donors, volunteers, youth and team.

I will remain as a member of our community and donor/friend of Big Brothers Big Sisters; so I hope to see you in the future. It's been an honor to serve as Executive Director of this wonderful agency that impacts the lives of youth of our community each and every day. Thank you!

David B. Yeager

Volunteer Committee



Are you interested in getting more involved with the Big Brothers Big Sisters agency? Well the Volunteer Committee may just be the place for you! The committee is comprised of current and former mentors. The group meets

four times a year to help plan match activities and provide feedback and recommendations for various other activities and events. This is also the place to make suggestions and volunteer to help with our community and site based programs.

Our next meeting is scheduled for January 10, 2012 at 5:15 pm in our office. We would love to have you join us. Next up is working on the Bowl for Kids' Sake event and discussing a few program related items. If you have any additional questions, please call Reva at (920) 498-2227 or email her at revas@bbbsnew.org.

Site-Based Corner

Maintaining your connection:

It is important for Site-Based matches to stay connected over the Winter Break. Since you won't see each other for a few weeks, we strongly encourage Mentors to send something to your Youth. A simple note about what you are doing during the holidays or a card to wish them "Happy Holidays" can help you do just that!



Remember, Site-Based matches do not exchange contact information. **Therefore, you can email, mail, or fax your note, holiday card, drawing or photo to the agency; and we will forward it to your Youth.** Please make the effort to do this **at least once** during the Winter Break — your Youth will love the reminder you are thinking of them!

Email: Stacieb@bbbsnew.org

Fax: (920) 498-2249

Mail: 1345 W. Mason St., Ste 210 Green Bay, WI 54303

Fay Dental Care's "About Kids" Program

Fay Dental Care and Big Brothers Big Sisters of Northeastern Wisconsin has a partnership to provide dental care of any Youth matched in the Big Brothers Big Sisters program at no cost to the participant, his/her family or the Mentor.

Forms need to be filled out by the parent or guardian, and are available at the Big Brothers Big Sisters office. Please call (920) 498-2227 and we will send the packet to either the parent or the Mentor. The Mentor is the only one who can schedule and bring the Youth to the appointment. If you have any questions regarding this, please speak to your Match Support Specialist.

Congratulations, Matches of the Month!

*Our Outstanding Matches of the Month are Sponsored By
Chuck E. Cheese's, Arby's & Happy Joe's*

If you are chosen as an Outstanding Match of the Month, you can choose from the following: 1 small pizza, 2 medium soft drinks and 10 tokens at Chuck E. Cheese's; 4 Regular Roast Beef Sandwiches at Arby's; or 1 medium pizza, 2 sodas, 2 ice cream cones, and game tokens from Happy Joe's. There are no substitutions as this is a donation to the agency.

December Match of the Month

Mentor's Name: Danielle Furton

Youth's Name: Victoria

How long have you been matched? Since December 15, 2010 – almost a year.

Why did you choose this photo (if you included one)?

This picture is our first picture taken together. It was taken a few months after we were matched. I think it really captures the bond we have created, and it shows how much fun we have together every time we hang out.

What are your favorite activities to do with each other? (You might want to include suggestions for other matches to do together.)

We like to spend time outside, go swimming, read together, watch movies, work on arts and crafts, and try new things neither of us has ever done before. Victoria said her favorite thing is to see and spend time with Danielle.

Tell us about a funny moment you shared together.

One of the funniest moments is when we were driving together and Victoria started singing like the chipmunks. Neither of us could stop laughing.

Anything else you would like to say or include?

I've really enjoyed being a Big Sister. We've had so much fun hanging out and getting to know each other. We've created a strong bond that's positively impacted both of us. I look forward to our time together every week.



January Match of the Month



Mentor's Name: Stephanie Spang

Youth's Name: Maria

How long have you been matched? 1-year Site-based and 1-year Community-based

Why did you choose this photo (if you included one)?

It's us with a fall centerpiece we made together. Maria really enjoyed this activity.

What are your favorite activities to do with each other? (You might want to include suggestions for other matches to do together.)

We love doing arts and crafts like making paper-mache eggs for Easter; going to Chuck E. Cheese; and bowling.

Tell us about a funny moment you shared together.

We wanted to go bowling, but the bowling alleys were closed. It was unfortunately at the time, but funny now when we look back.

Are you making any New Year's resolutions? If yes, what are they?

Try new things together like roller skating. And since we're both in school (Mentor Stephanie is in college), we'll also motivate each other to keep up our good grades.

Helping Youth Eat Healthy for Life

Learning healthy eating habits today can help your child grow up strong and fit. Healthy eating means choosing nutritious foods most of the time. Nutritious food has lots of vitamins, minerals, and other things that are good for the body. These nutrients help the body grow healthy and strong.

Here are some good reasons to teach your child about healthy eating:

- * Healthy eating can help keep my child from being sick as often.
- * Healthy eating can help my child stay at a healthy weight.
- * Healthy eating can help my child grow up strong and fit.
- * Healthy eating as a family can help my child learn to eat healthy for life.

Goals to Keep in Mind

Healthy eating doesn't mean avoiding food your child likes. Goals to keep in mind are balance, variety and moderation. Balance means eating from each of the basic food groups. Change it up and offer the same balance meal, but with apples instead of oranges or berries instead of grapes. With moderation, all foods, including your favorites, can fit into a healthy eating plan. Moderation means avoiding too much of any one food or type of food. That means your child can have some sweets, chips and other "junk food." Just make sure to eat only small amounts; and only once in a while. While it's important not to forbid your child a certain type of food, the easiest thing to do is put a limit on it.

Some Specific Foods to Try

- * **Veggies:** leafy greens (like lettuce and spinach), tomatoes, carrots, peppers, squash, and corn
- * **Fruits:** apples, oranges, bananas, grapes, watermelon, and pears
- * **Whole grains:** breads, crackers, pasta, and rice.
- * **Lean meats:** chicken, turkey, fish, lean beef, and pork
- * **Dairy:** milk, cheese, and yogurt. These can be high in fat. Look for the words "low-fat" or "non-fat" on the package. Eating less fat can help kids maintain a healthy weight as they grow.

Three Great Ideas

When you stick to a few good ideas, you won't feel like there's too much to keep track. Here are three ideas to get you started:

More Water and Milk

- * Water doesn't have to be boring! Offer kids fizzy water, add an orange slice or make ice cubes with fun shapes.
- * Growing kids need milk. Milk gives kids calcium for strong bones and healthy growth.

More Fruits and Veggies

- * Buy fruits and veggies fresh, frozen or canned. Or try growing your own.
- * Serve fresh fruits and veggies raw. Kids often like the taste of sliced raw fruits and veggies.
- * Veggies can be steamed, microwaved or cut up and mixed into stews and soups.

Less Sugar

- * Sugar in foods and drinks can fill kids up. Then they won't be hungry for healthy foods.
- * Drinks like soda, fruit juice drinks and sports drinks should be served less often. Remember to offer more water and milk.
- * Offer fruits for desserts and snacks when kids want something sweet.

What Kids Can Do

At the store, kids can help pick foods the family will eat together. Ask your child to pick one or two fruits or veggies. This will teach your child how important food choices are. Your child may be interested in eating new foods he or she helped pick out. As a parent, you still control what kinds of foods will be brought into the house.

- * Encourage your child to help select colorful fruits and veggies that look exciting to them.

"Helping Your Child Eat Healthy for Life," The StayWell Company.

Match Activity Ideas

- ◆ Go ice skating.
- ◆ Design a holiday card together. Make homemade gifts for family and friends.
- ◆ Make an ornament as a gift or for your Christmas tree.
- ◆ Make wrapping paper from old magazines and newspapers.
- ◆ Research your family trees together.
- ◆ Use a globe/map to locate friends, travel destinations, and current events together. Talk about the different trips you've taken, what you saw and learned.
- ◆ Keep a journal of all your outings together and what you liked/disliked about each.
- ◆ Create a Match scrapbook or photo album to record all of your fun times together.
- ◆ Play Charades, Checkers, Chess, or any board game. You can even create your own!
- ◆ Build a snow fort/igloo.

Happy Anniversary!

7 Years

Michelle Verhagen & Hannah

6 Years

Kimberly Shukosky & Jaycie-Ann

Betty Roesch & Krystyna
David Ness & Kevin
Scot Denny & Raymond

5 Years

Josh Palubicki & Trey

4 Years

Dawn Ver Haagh & Jill
Jana Zeige & Shelby
Maggie Eisenman & Tynne

3 Years

Ben Coleates & Ivan
Michelle Yaeger & Michalla
Jon DesChane & Zachary
Justus Hedeem & Tayler

2 Years

Olivia Poepping & Shannon

Kyle Phillips & Calvin
Paul Fruzyna & Mitchell
Monida Madrid & Marisol
Jamel Schiller & Breanna
Julie Fronsee & Breanna
Mike Hannon & Kyle
Katie Bushman & Brycole

1 Year

Marj Krazewski & Stephanie
Amy Borley & Clarity
Rachael Henn & Jasmine
Nicholas Thompson & Michael
Alex and Susan Moran & Garon
Justin Newton & Grant
Danielle Furton & Victoria
Julie Fronsee & Isabella
Julie Lindeman & Autumn
Michael Zielinski & Connor
Tim Prokash & Jerry
Leah Friedrich & Evelyn
Hanna Hoskens & Angelica
Brittany Lamere & Kedasia
Taa Elgi & Hope
Emily Spone & Taylor

Taste of the Town Recap

More than 600 guests gathered at the Radisson Hotel and Conference Center for the 19th Annual Taste of the Town on Friday, November 4.

The evening began with the Premier Chef Showdown sponsored by American Foods Group. The exclusive pre-event featured chefs Chef Michael Cantania from Plae Bistro and Chef Matt Winters from The Marq in a 45-minute cooking battle. After the secret ingredient – Trimmed Prime Coulette was revealed, the chefs created dishes for audience members who then casted a vote for their favorite. Chef Matt Winters from The Marq was named the 2011 Chef Showdown Winner.

The main event featured 16 booths staffed by “Celebrity Chefs” serving unique and delicious dishes prepared and donated by local caterers, a live and silent auction and a Spirits Raffle. **Thank you to Matches Al Jamir and Baylee, Tracy Hildner and Ciara, Julie Franz and Brianna, James Wolfe and Braden, Michael Pamperin and Jamel, and Youth Chandler for co-emceeding the night.**

The event raised more than \$103,000 to help Big Brothers Big Sisters of Northeastern Wisconsin **impact youth** in our community.

Big Brothers Big Sisters extends a huge thank you to our Sponsors:

Main Sponsor: Oneida Nation of Wisconsin

Major Sponsors: Ameriprise Auto & Home Insurance

Cornerstone Foundation of Northeastern Wisconsin, Inc.
Schneider National Foundation, Inc.

Chef Showdown Sponsor: American Foods Group

Premier Booth Sponsors:

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Green Bay Packaging
Green Bay Packers

Booth Sponsors:

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Festival Foods
Fox Communities Credit Union
K.C. Stock Foundation

Media Sponsors:

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WIXX 101

And thank you to our corporate table sponsors; in-kind, auction and raffle prize donors; everyone who attended the event; our volunteers; and staff.

Mark your calendar for our 20th Anniversary Taste of the Town: Friday, November 2, 2012.

If you missed the Holiday Party...

We have a number of toys at the office that are available for families who did not attend the Holiday Party on December 10.

Toys can be picked up on Saturday, December 17 between 9-11 am at the Big Brothers Big Sisters office.

First come first serve. Toys available are best suited for children between the ages of 2-12.

If you have any questions please call (920) 498-2227.

New Matches

Kellen Holden & Shamus
Stephanie Hatfield & Angelica
Joy Rockstroh & Alannah
Kayla LaFlex & Kyla
Ashley LaFond & Adrienah
Stephanie Crewe & Hope
Stephanie Voight & Marie
Shirley Vandermuss & Bryanna
Lily Arendt & Leslie
Daniel Quiram & Jared
Lisa Thetreau & Brooke
Beth Greely & Isabella
Tom Fameree & Clayton
Lori Robinson & Allison
Theresa Stinski & Desirae
Shannon Ryerson & Mai Lee
Kristin Hartman & Miranda
Sean Baker & Joseph
Jacob Hebbard & Jacob
Tracy Hildner & Ciara
Amanda Peters & Allyssa
Freddy Quiram & Grant

Samantha Forrest & Shania
Megan Wagner & Jasmine
Lauren Walgurski & Andrew
Karen Westenberger & Augusta
Megan Voakes & Meredith
Derek Madson & Keith
Ralph Scorpio & Trey
Cameron Doran & Cole
Dustin Coopman & Matthew
Haley Clapp & Tequila Rose
Madeleine Neuens & Brooklyn
Ceanna Caelwaerts & Caleb
Jia Ludwick & Corey
Brian Reimer & Larry
Ben Strupp & Xavier
Liz Nelson & Angelica
Bre DeKeyser & Bailey
Cameron Jerina & Adrian
Mary Platten & Sinjai
Laikyn Larsen & Maria
Emily Cowles & Elijah
Rebecca Leisgang & Marissa

Allison Conklin & Alexis
Kelsie Gerbers & Skylar
Morgan Mckindles & Josef
Danielle Warecki & Courtney
Kacie Freeberg & Nevaeh
William Haskins & Ryan
Edward Ehlert & Joseph
Shannon Fasola & Madisyn
Carley Hansen & Jade
Liz Buchert & Katlyn
Jenessa Krull & Jullian
Jean Rombach-Bartels & Eve
Marsha Valentine & Breanna
Renee Yahnke & Zenaida
Wynn Holzinger & Sofia
Karen Ries & Michaela
Lisa Jordahl & Raynna
Amy Diestler & Amanda
Jace Neuser & Avry
Katie Fineout & Anika
Renee Krull & Zoraida
Chris Engstrom & Ambresia

Micayla Darrow & Hunter
Kalkidan Fett & Natalie
Nicole Maier & Aleyna
Stephanie Wetzel & Emily
Taylor Seliger & Olivia
Abigail Bishop & Alexia
Nancy Hull & Tyla
Susan Dupont & Alanna
Heather Milbach & Jaden
Salome D'Cunha & Madison
Jasmine Myhre & Naomi
Melissa Ignasiak & Katherine
Sasha Zwiefelhofer & Sofia
Elizabeth Butler & Rayven
Chris Doran & Brandon
Brigit Wingert & Jackson
Bobbi Jo Eisen & Suraya
Angela Wasielewski & Barbara
Kelsey Trina & Tyler



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